

PRESS RELEASE

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**The World's First Nutritional Assessment System for dishes That Takes
Japan's Food Culture and Health Issues into Consideration
The Ajinomoto Group Develops the
Ajinomoto Group Nutrient Profiling System for Menu
Announced at the 80th Annual Meeting of Japanese Society of Public Health**

TOKYO, December 24, 2021 – The Ajinomoto Group developed the Ajinomoto Group Nutrient Profiling System for Menu (ANPS-M) as a method for scientifically assessing the nutritional value of cooked dishes (menu items). This is the world's first nutrient profiling system to take Japan's food culture and health issues into consideration, were presented at the 80th Annual Meeting of Japanese Society of Public Health held on December 21-23, 2021.

Since there is a growing interest around the world to improve nutrition, global food companies are developing and introducing nutrient profiling systems (NPS) as a scientific method for assessing the quantity of nutrients contained in products in order to express its nutritional quality in an easy-to-understand manner. The Ajinomoto Group has also incorporated ANPS-P (the Ajinomoto Group Nutrient Profiling System for Products) into operation in 2020. As this system assesses the nutritional values of the Group's products based on common standards, and makes it possible to identify nutritional issues, it can be utilized when renewing products or developing products with high nutritional value. (As of the end of November 2021, approximately 500 products from nine Ajinomoto Group companies in seven countries have been assessed.)

However, there are limits to the ability of ANPS-P and conventional NPS* to assess products that consumers do not eat by itself, such as seasonings, and the Ajinomoto Group considered this as an important issue. In response to this issue, the Ajinomoto Group pursued the development of an NPS that was capable of assessing the nutritional values of dishes prepared with seasoning products.

*This refers to the Health Star Rating System used in Australia and New Zealand, and Nutri-Score, which is used in some countries in Europe.

The newly developed ANPS-M is a system that makes it possible to visualize the nutritional values, clarify the issues, and improve the highlighted nutritional issues, in order to carry out important initiatives for nutrition improvement advocated by the Ajinomoto Group, such as "delicious salt reduction", "protein intake optimization", "delicious fat reduction" and "vegetable intake promotion".

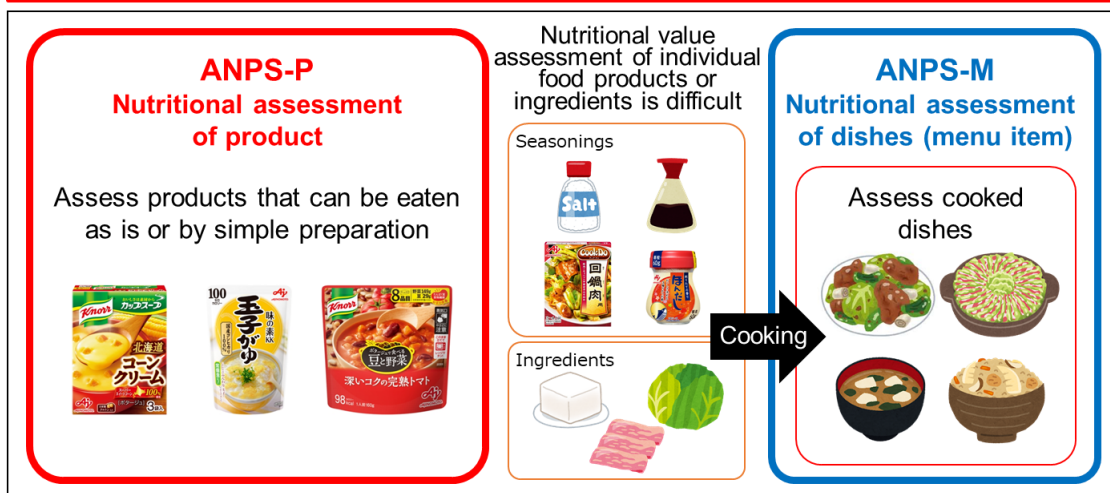
In developing an NPS for dishes, it is important to select the nutrients that will be the subjects of the assessment and construct a system that reflects the ideal distribution of nutrients that each dish accounts for in the overall meal based on the dietary culture and health-related issues of the respective countries. In the development of ANPS-M as well, the dietary culture and health-related issues in Japan were first taken into consideration and then incorporated into ANPS-M, for the Japanese version of NPS for dishes.

Implementing ANPS-P and ANPS-M will enable to carry forward development of products, dishes, and recipes with increased nutritional value, such as low-salt seasonings without compromising deliciousness, and dishes and recipes rich in protein and vegetables. Furthermore, the Ajinomoto Group will also consider utilizing this system to provide support to consumers so that they can eat nutritionally well-balanced meals.

The Ajinomoto Group plans to promote the development of ANPS-M for overseas as well that accommodates the respective food culture of each country and regions, and the implementing of this system in various parts of the world, such as ASEAN and Latin American regions.

The Ajinomoto Group will continue contributing to comfortable lives and longer healthy lifespans for consumers, and strive to become a company that helps resolve food and health issues.

THE AJINOMOTO GROUP NUTRIENT PROFILING SYSTEM (ANPS)



Applications

Use for developing products or dishes

Deliver tasty and healthy products, dishes, and recipes to customers

Reference

Press release from May 14, 2020

"The Ajinomoto Group Introduces a Nutrient Profiling System"

https://www.ajinomoto.com/cms_wp_ajmnt_global/wp-content/uploads/pdf/2020_05_14E.pdf

The Ajinomoto Group, unlocking the power of amino acids, aims to resolve food and health issues associated with dietary habits and aging, and contribute to greater wellness for people worldwide.

Based on the corporate message "Eat Well, Live Well.", we have been scientifically pursuing the possibilities of amino acids to aim for future growth by creating new value through sustainable and innovative solutions for communities and society.

The Ajinomoto Group has offices in 35 countries and regions, and sells products in more than 130 countries and regions. In fiscal 2020, sales were 1.0714 trillion yen (10.1 billion U.S. dollars). To learn more, visit www.ajinomoto.com.

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