The Future of Health Research: It’s in Our “Culture”

Pop quiz. Who was the inventor of the light bulb?

If you answered “Thomas Alva Edison,” you’re absolutely wrong. But don’t feel bad. Pretty much everybody gets that wrong.

The truth is that the light bulb was invented decades before Edison patented his version in 1879. Almost 40 years earlier, in 1840, a British scientist named Warren de la Rue developed an efficient light bulb. The problem was that the filament was made out of platinum, and platinum was very expensive. So his valuable work could not be used by the general public. And de la Rue wasn’t alone—at least six other inventors are credited with developing light bulbs before Edison. But all of these inventions were flawed. Some were too expensive, some required too much power, and some burnt out too quickly.

So what did Edison do? He perfected the light bulb. Edison created the first light bulb that was cheap enough, reliable enough, and capable of mass production. He made the light bulb practical for widespread use. Edison may not have invented the light bulb, but he brought it into our lives.

The same pattern can be found in the story of Jonas Salk, famously credited with inventing the polio vaccine in 1955. In fact, polio vaccines had been developed and tested on people as early as 1935. But they were too dangerous for use. Jonas Salk didn’t invent the polio vaccine, but by making it safe he made it practical for widespread use.
There’s no doubt that major scientific discoveries have changed human life for the better. But if a breakthrough discovery can’t actually be used in the world, what good is it? What if penicillin could only be manufactured in small quantities? What if the computer was so expensive to produce that it could only be used by the super-rich? What if flight was never made safe, and was only for daredevils? To improve the world, great discoveries need to be practical and available for everyone.

In this way, in 2012, Ajinomoto Co., Inc. ("Ajinomoto Co.") found it had an opportunity to make a difference. A chance to make one of the most important discoveries of modern times available throughout the world.

A Nobel Prize for a Noble Discovery

The 2012 Nobel Prize for physiology or medicine was awarded to John B. Gurdon and Shinya Yamanaka “for the discovery that mature cells can be reprogrammed to become pluripotent.”

Like most Nobel prizes awarded for science, this sounds very academic. But it’s actually not too hard to understand.

Like all animals, humans begin life as a single cell—a fertilized egg cell, called a zygote. This cell divides into two cells, and these two divide into four, and so on and so on until there are more than a trillion cells. Each type of cell has a different function—blood cells are different from skin cells, and neurons are different from heart cells. But that very first cell, the one that started it all, had the potential to become any type of cell in the human body. In other words, it’s pluripotent.

The potential value of being able to create different types of cells has been tantalising researchers for years. As early as 1868, German biologist Ernst Haeckel used the term stem cell to describe the fertilized egg with the potential to differentiate into any kind of cell in the body.

And since then, scientists have dreamt of a future in which these cells can be used to advance human health. Theoretically, using pluripotent cells, a person with a failing organ should be able to simply grow a new one, and since the cells used to grow the organ are genetically identical, the body wouldn’t reject it. This area of science is so advanced, it almost sounds like science fiction.

But there was always one enormous challenge with doing stem cell research: Finding the stem cells. At a certain early stage of development, an embryo is almost entirely made up of stem cells, but the use of embryonic cells in research has long been the topic of a very heated ethical debate. Stem cells can also be found in the umbilical cord after a baby is born, but not everybody has access to medical facilities that can collect and store these cells properly. Stem cells are also present in the human body—but in very, very small quantities—and when they are removed from the body, they don’t divide very well.
Factors such as these have limited the ability of the scientific community to research the full potential of pluripotent cells. But this situation changed dramatically just over ten years ago because in 2006, Shinya Yamanaka was able to turn adult mouse cells into pluripotent cells—which he called induced pluripotent stem cells, or iPS cells for short—and then he did the same thing with human cells a year later.

This incredible breakthrough meant that, in theory, it would no longer be necessary to collect stem cells from embryos or try to find them in the human body. We could just make iPS cells instead.

How Ajinomoto Co. Fits In

People usually think of Ajinomoto Co. as a food company. And of course, they’re right. But most people don’t realize how much scientific research Ajinomoto Co. performs—especially in the area of amino acids.

For iPS cells to turn into other types of cells, they need to multiply. And to multiply, they need to be in the right environment, just like a seed needs soil to grow. The right environment for cultivating cells is called a culture medium, which is a cocktail of amino acids, vitamins, glucose, lipids, growth factors and small amounts of minerals essential to help cells thrive.

In 2010, two years before being awarded the Nobel Prize for his work, Shinya Yamanaka started an organization called CiRA, the Center for iPS Cell Research and Application, with a mission of using iPS cells for new medical therapies. And, as a world leader in amino acid research and production, Ajinomoto Co. was a natural choice for a collaborative project to develop an ideal culture medium for CiRA’s iPS cell research.

Ajinomoto Co. had been using its amino acid expertise to develop pharmaceuticals for more than 60 years. In 1956, Ajinomoto Co. became the first company in the world to produce amino acids crystals for infusions, enteral nutrition products and pharmaceutical ingredients. Later, Ajinomoto Co. developed a series of elemental diets and other pharmaceuticals. So Ajinomoto Co. was a natural fit to develop the culture medium for CiRA.

The Ajinomoto Group strengths for iPS cell culture medium development

- **Ingredient manufacturing technologies**
  As the world’s leading supplier of high-quality amino acids, which are mainly used for pharmaceuticals, Ajinomoto Co. can supply amino acids free of animal-derived components and with full traceability.

- **Composition and formula design**
  With our heritage of research into amino acid nutrition and metabolism, Ajinomoto Co. possesses the technologies and “know-how” to quickly determine the optimal composition of the dozens of components that comprise a culture medium.

- **Analysis technologies**
  Ajinomoto Co.’s analysis technologies for amino acids and trace ingredients are highly sensitive and highly accurate. This permits us to formulate a high-performance culture medium with exacting quality control.
StemFit®: The Perfect Fit for Stem Cell Research

Conventionally, iPS cells were cultivated in a culture medium that included mouse cells and other animal and human-derived components.

StemFit® is highly safe because the risk of accidental biological contamination is minimised. To confirm this point, Ajinomoto Co. consulted with the Pharmaceutical and Medical Devices Agency (PMDA) of the Government of Japan, which determined that StemFit® does not contain any animal- or human-derived components after an intensive review process.

In addition, StemFit® is a high-performance, high-quality culture medium. Cells proliferate in the StemFit® culture medium at a high growth rate. This makes research not only more efficient, but also more cost effective.

Moving Forward

So, what’s next for iPS cell research? The possibilities are almost endless. As early as the year 2000, the U.S. National Institutes of Health’s Guidelines stated that “…research involving human pluripotent cells…promises new treatments and possible cures for many debilitating diseases and injuries, including Parkinson’s disease, diabetes, heart disease, multiple sclerosis, burns and spinal cord injuries.”

Just as exciting as regenerative medicine is the area of drug discovery; iPS cells can help researchers discover new treatments faster than ever before, with some of the most cutting-edge work being conducted at CiRA. Professor Junya Toguchida has elucidated the mechanism of FOP (fibrodysplasia ossificans progressiva), a debilitating condition in which bone grows in muscle tissue and elsewhere that it’s not supposed to, and found a candidate drug for treating it. FOP is very rare—it is estimated that there are only about 80 patients with this condition in Japan—but because of the use of iPS cells in drug development, they now have a reason to hope.

Another exciting initiative at CiRA is called the iPS Cells Stock for Regenerative Medicine project. This project aims to generate and store an inventory of iPS cells that have a high likelihood to be accepted by the bodies of patients in need. Since one of the biggest barriers to regenerative medicine using iPS cells has been the cost and time required to produce iPS cells from somatic cells, making this stock available to the world’s research institutions and hospitals is expected to have a major positive impact. And of course, the use of Ajinomoto Co.’s StemFit® cell culture medium is part of the standard protocol at CiRA.

Ajinomoto Co. will probably never win a Nobel Prize but we are proud and honored to be able to help bring the benefits of a Nobel Prize-winning breakthrough to the researchers of the world. It is our sincere hope that we can continue to contribute to bringing a new era of health and medicine to the world.

About Ajinomoto Co., Inc.

Ajinomoto Co. is a global manufacturer of high-quality seasonings, processed foods, beverages, amino acids, pharmaceuticals and specialty chemicals. For many decades Ajinomoto Co. has contributed to food culture and human health through wide-ranging application of amino acid technologies. Today, the company is becoming increasingly involved with solutions for improved food resources, human health and global sustainability. Founded in 1909 and now operating in 30 countries and regions, Ajinomoto Co. had net sales of JPY 1,091.1 billion (USD 10.07 billion) in fiscal 2016. For more about Ajinomoto Co. (TYO : 2802), visit www.ajinomoto.com.

For further information or references and literature support of any information contained in this newsletter, please contact Ajinomoto Co., Inc., Global Communications Department: ajigcd_newsletter@ajinomoto.com
Glossary:

Zygote
A fertilized egg cell.

Pluripotent
Describes cells that can give rise to all of the cell types that make up the body; embryonic stem cells are considered pluripotent.

PMDA (Pharmaceuticals and Medical Devices Agency)
PMDA is Japanese regulatory agency, working together with Ministry of Health, Labour and Welfare.

References:

2. “Message from the Director,” Center for iPS Cell Research and Application, Kyoto University, https://www.cira.kyoto-u.ac.jp/e/about/director.html.